

Return of Private Foundation
or Section 4947(a)(1) Trust Treated as Private Foundation
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Go to www.irs.gov/Form990PF for instructions and the latest information.

For calendar year **2022** or tax year beginning , and ending

Name of foundation The Barmore Fund		A Employer identification number 01-0540393
Number and street (or P.O. box number if mail is not delivered to street address) 93 Governors Point Road	Room/suite	B Telephone number 207-729-5103
City or town, state or province, country, and ZIP or foreign postal code Harpswell, ME 04079-4339		C If exemption application is pending, check here ... <input type="checkbox"/>
G Check all that apply: <input type="checkbox"/> Initial return <input type="checkbox"/> Initial return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Address change <input type="checkbox"/> Name change		D 1. Foreign organizations, check here <input type="checkbox"/> 2. Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/>
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here ... <input type="checkbox"/>
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) \$ 723,997.	J Accounting method: <input type="checkbox"/> Cash <input checked="" type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____	F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ... <input type="checkbox"/>

Part I Analysis of Revenue and Expenses <small>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a).)</small>		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received			N/A	
	2 Check <input checked="" type="checkbox"/> if the foundation is not required to attach Sch. B				
	3 Interest on savings and temporary cash investments				
	4 Dividends and interest from securities	16,973.	16,973.		Statement 1
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	21,314.			
	b Gross sales price for all assets on line 6a 181,526.				
	7 Capital gain net income (from Part IV, line 2)		21,314.		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
b Less: Cost of goods sold					
c Gross profit or (loss)					
11 Other income					
12 Total. Add lines 1 through 11	38,287.	38,287.			
Operating and Administrative Expenses	13 Compensation of officers, directors, trustees, etc.	0.	0.		0.
	14 Other employee salaries and wages				
	15 Pension plans, employee benefits				
	16a Legal fees				
	b Accounting fees Stmt 2	2,975.	0.		2,975.
	c Other professional fees Stmt 3	7,916.	7,916.		0.
	17 Interest	460.	460.		0.
	18 Taxes Stmt 4	1,022.	343.		0.
	19 Depreciation and depletion				
	20 Occupancy				
	21 Travel, conferences, and meetings				
	22 Printing and publications				
	23 Other expenses				
	24 Total operating and administrative expenses. Add lines 13 through 23	12,373.	8,719.		2,975.
	25 Contributions, gifts, grants paid	39,500.			42,500.
26 Total expenses and disbursements. Add lines 24 and 25	51,873.	8,719.		45,475.	
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements ...	-13,586.				
b Net investment income (if negative, enter -0-)		29,568.			
c Adjusted net income (if negative, enter -0-)			N/A		

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only.		
		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash - non-interest-bearing			
	2 Savings and temporary cash investments	60,374.	43,907.	43,907.
	3 Accounts receivable			
	Less: allowance for doubtful accounts			
	4 Pledges receivable			
	Less: allowance for doubtful accounts			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons			
	7 Other notes and loans receivable			
	Less: allowance for doubtful accounts			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments - U.S. and state government obligations Stmt 5	0.	58,622.	58,107.
	b Investments - corporate stock Stmt 6	261,351.	215,643.	356,221.
	c Investments - corporate bonds Stmt 7	183,905.	168,647.	153,297.
	11 Investments - land, buildings, and equipment: basis			
Less: accumulated depreciation				
12 Investments - mortgage loans				
13 Investments - other Stmt 8	105,696.	107,921.	112,465.	
14 Land, buildings, and equipment: basis				
Less: accumulated depreciation				
15 Other assets (describe)				
16 Total assets (to be completed by all filers - see the instructions. Also, see page 1, item I)	611,326.	594,740.	723,997.	
Liabilities	17 Accounts payable and accrued expenses			
	18 Grants payable	42,500.	39,500.	
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable			
	22 Other liabilities (describe)			
23 Total liabilities (add lines 17 through 22)	42,500.	39,500.		
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here <input type="checkbox"/> and complete lines 24, 25, 29, and 30.			
	24 Net assets without donor restrictions			
	25 Net assets with donor restrictions			
	Foundations that do not follow FASB ASC 958, check here <input checked="" type="checkbox"/> and complete lines 26 through 30.			
	26 Capital stock, trust principal, or current funds	0.	0.	
	27 Paid-in or capital surplus, or land, bldg., and equipment fund	0.	0.	
	28 Retained earnings, accumulated income, endowment, or other funds	568,826.	555,240.	
	29 Total net assets or fund balances	568,826.	555,240.	
30 Total liabilities and net assets/fund balances	611,326.	594,740.		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	568,826.
2 Enter amount from Part I, line 27a	2	-13,586.
3 Other increases not included in line 2 (itemize)	3	0.
4 Add lines 1, 2, and 3	4	555,240.
5 Decreases not included in line 2 (itemize)	5	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 29	6	555,240.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (for example, real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a Publicly Traded Securities		P		
b				
c				
d				
e				
(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) ((e) plus (f) minus (g))	
a 181,526.		160,212.	21,314.	
b				
c				
d				
e				
Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69.			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))	
(i) FMV as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any		
a			21,314.	
b				
c				
d				
e				
2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }		2	21,314.	
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). See instructions. If (loss), enter -0- in Part I, line 8		3	N/A	

Part V Excise Tax Based on Investment Income (Section 4940(a), 4940(b), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary - see instructions)		1	411.
b All other domestic foundations enter 1.39% (0.0139) of line 27b. Exempt foreign organizations, enter 4% (0.04) of Part I, line 12, col. (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-)		2	0.
3 Add lines 1 and 2		3	411.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	411.
6 Credits/Payments:			
a 2022 estimated tax payments and 2021 overpayment credited to 2022	6a	0.	
b Exempt foreign organizations - tax withheld at source	6b	0.	
c Tax paid with application for extension of time to file (Form 8868)	6c	0.	
d Backup withholding erroneously withheld	6d	0.	
7 Total credits and payments. Add lines 6a through 6d	7	0.	
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached	8	0.	
9 Tax due. If the total of lines 5 and 8 is more than 7, enter amount owed	9	411.	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10		
11 Enter the amount of line 10 to be: Credited to 2023 estimated tax Refunded	11		

Part VI-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? See the instructions for the definition If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0. (2) On foundation managers. \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS?		X
If "Yes," attach a detailed description of the activities.		
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		N/A
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year?		X
If "Yes," attach the statement required by General Instruction T.		
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XIV	X	
8a Enter the states to which the foundation reports or with which it is registered. See instructions. _____ ME		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2022 or the tax year beginning in 2022? See the instructions for Part XIII. If "Yes," complete Part XIII		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X
11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule. See instructions		X
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement. See instructions		X
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application?	X	
Website address N/A		
14 The books are in care of Gregory T. Barmore Telephone no. 207-208-6648 Located at 93 Governors Point Road, Harpswell, ME ZIP+4 04079-4339		
15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - check here <input type="checkbox"/> and enter the amount of tax-exempt interest received or accrued during the year 15 N/A		
16 At any time during calendar year 2022, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?		X
See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes," enter the name of the foreign country		

Part VI-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

Table with columns for question ID, Yes, and No. Rows include 1a(1) through 1a(6), 1b, 1d, 2a, 2b, 3a, 3b, 4a, and 4b. 'X' marks are present in the 'No' column for 1a(1), 1a(2), 1a(3), 1a(4), 1a(5), 1a(6), 1d, 2a, 3a, 4a, and 4b. 'N/A' is present for 1b and 2b.

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Part VI-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

	Yes	No
5a During the year, did the foundation pay or incur any amount to:		
(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?		X
(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?		X
(3) Provide a grant to an individual for travel, study, or other similar purposes?		X
(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions		X
(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?		X
b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions	N/A	
c Organizations relying on a current notice regarding disaster assistance, check here	<input type="checkbox"/>	
d If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? If "Yes," attach the statement required by Regulations section 53.4945-5(d).	N/A	
6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?		X
b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? If "Yes" to 6b, file Form 8870.		X
7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?		X
b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?	N/A	
8 Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?		X

Part VII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, and foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
See Statement 9		0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000 0

Part VII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		
Total number of others receiving over \$50,000 for professional services		0

Part VIII-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1 N/A	
2	
3	
4	

Part VIII-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1 N/A	
2	
All other program-related investments. See instructions.	
Total. Add lines 1 through 3	0.

Part IX		Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)	
1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	720,228.
b	Average of monthly cash balances	1b	47,696.
c	Fair market value of all other assets (see instructions)	1c	
d	Total (add lines 1a, b, and c)	1d	767,924.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	767,924.
4	Cash deemed held for charitable activities. Enter 1.5% (0.015) of line 3 (for greater amount, see instructions)	4	11,519.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3	5	756,405.
6	Minimum investment return. Enter 5% (0.05) of line 5	6	37,820.

Part X		Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations, check here <input type="checkbox"/> and do not complete this part.)	
1	Minimum investment return from Part IX, line 6	1	37,820.
2a	Tax on investment income for 2022 from Part V, line 5	2a	411.
b	Income tax for 2022. (This does not include the tax from Part V.)	2b	
c	Add lines 2a and 2b	2c	411.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	37,409.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	37,409.
6	Deduction from distributable amount (see instructions)	6	0.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XII, line 1	7	37,409.

Part XI		Qualifying Distributions (see instructions)	
1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	45,475.
b	Program-related investments - total from Part VIII-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part XII, line 4	4	45,475.

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Part XII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2021	(c) 2021	(d) 2022
1 Distributable amount for 2022 from Part X, line 7				37,409.
2 Undistributed income, if any, as of the end of 2022:				
a Enter amount for 2021 only			0.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2022:				
a From 2017	5,294.			
b From 2018	13,287.			
c From 2019	9,506.			
d From 2020	1,402.			
e From 2021	807.			
f Total of lines 3a through e	30,296.			
4 Qualifying distributions for 2022 from Part XI, line 4: \$	45,475.			
a Applied to 2021, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2022 distributable amount				37,409.
e Remaining amount distributed out of corpus	8,066.			
5 Excess distributions carryover applied to 2022 (If an amount appears in column (d), the same amount must be shown in column (a).)	0.			0.
6 Enter the net total of each column as indicated below:	38,362.			
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5				
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2021. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2022. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2023				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions)	0.			
8 Excess distributions carryover from 2017 not applied on line 5 or line 7	5,294.			
9 Excess distributions carryover to 2023. Subtract lines 7 and 8 from line 6a	33,068.			
10 Analysis of line 9:				
a Excess from 2018	13,287.			
b Excess from 2019	9,506.			
c Excess from 2020	1,402.			
d Excess from 2021	807.			
e Excess from 2022	8,066.			

Part XIII Private Operating Foundations (see instructions and Part VI-A, question 9)

N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2022, enter the date of the ruling

b Check box to indicate whether the foundation is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

	Tax year				(e) Total
	(a) 2022	(b) 2021	(c) 2020	(d) 2019	
2 a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part IX for each year listed					
b 85% (0.85) of line 2a					
c Qualifying distributions from Part XI, line 4, for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon:					
a "Assets" alternative test - enter:					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test - enter 2/3 of minimum investment return shown in Part IX, line 6, for each year listed					
c "Support" alternative test - enter:					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XIV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year-see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).)

None

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

None

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc., to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number or email address of the person to whom applications should be addressed:

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XIV Supplementary Information *(continued)*

3 Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year				
American Brain Tumor Association 8550 W. Bryn Mawr Avenue, Suite 550 Chicago, IL 60631		PC	Brain tumor research	3,000.
American Heart / Stroke Association PO Box 840692 Dallas, TX 75284-0692		PC	Aneurysm research	2,500.
Autism Speaks 1060 State Road, 2nd Floor Princeton, NJ 08540		PC	Research for autism	3,000.
Fill a Heart 4 Kids 400 E Illinois Road Lake Forest, IL 60045		PC	Hunger prevention	1,000.
International Medical Corps 12400 Wilshire Boulevard, Suite 1500 Los Angeles, CA 90025		PC	Health care activities	4,000.
Total	See continuation sheet(s)			42,500.
b Approved for future payment				
American Brain Tumor Association 8550 W. Bryn Mawr Avenue, Suite 550 Chicago, IL 60631		PC	Brain tumor research	3,000.
American Heart / Stroke Association PO Box 840692 Dallas, TX 75284-0692		PC	Aneurysm research	2,500.
Fill a Heart 4 Kids 400 E Illinois Road Lake Forest, IL 60045		PC	Hunger prevention	1,000.
Total	See continuation sheet(s)			39,500.

Part XIV Supplementary Information**3 Grants and Contributions Paid During the Year (Continuation)**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Mitchell Institute 75 Washington Street, Suite 2E Portland, ME 04101		PC	Education scholarships	4,000.
Pathfinder International Attn: Development Department 9 Galen Street, Suite 217 Watertown, MA 02472-4501		PC	Reproductive health	4,000.
Peace First 25 Kingston Street, 6th Floor Boston, MA 02111		PC	Non-violent conflict resolution for youths	2,000.
Pine Street Inn 44 Harrison Avenue Boston, MA 02188		PC	Hunger prevention	1,000.
Planned Parenthood Federation of America, Inc. P.O. Box 97166 Washington, DC 20090-7166		PC	Reproductive control	5,000.
Possibility Project 104 W 27th Street, 12th Floor New York, NY 10001		PC	Youth empowerment	4,000.
Preble Street 38 Preble Street Portland, ME 04101		PC	Hunger prevention	1,000.
Reach Education, Inc. 300 M Street SE, Suite 803 Washington, DC 20003		PC	Youth reading education	4,000.
UNCF Attn: Denise Scott Direct Response Programs 1805 7th Street NW Washington, DC 20001		PC	College scholarships to disadvantaged students	4,000.
Total from continuation sheets				29,000.

Part XIV Supplementary Information

3 Grants and Contributions Approved for Future Payment (Continuation)

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
International Medical Corps 12400 Wilshire Boulevard, Suite 1500 Los Angeles, CA 90025		PC	Health care activities	4,000.
Mitchell Institute 75 Washington Street, Suite 2E Portland, ME 04101		PC	Education scholarships	4,000.
Pathfinder International Attn: Development Department 9 Galen Street, Suite 217 Watertown, MA 02472-4501		PC	Reproductive health	4,000.
Peace First 25 Kingston Street, 6th Floor Boston, MA 02111		PC	Non-violent conflict resolution for youths	2,000.
Planned Parenthood Federation of America, Inc. P.O. Box 97166 Washington, DC 20090-7166		PC	Reproductive control	5,000.
Possibility Project 104 W 27th Street, 12th Floor New York, NY 10001		PC	Youth empowerment	4,000.
Preble Street 38 Preble Street Portland, ME 04101		PC	Hunger prevention	1,000.
Reach Education, Inc. 300 M Street SE, Suite 803 Washington, DC 20003		PC	Youth reading education	4,000.
Pine Street Inn 44 Harrison Avenue Boston, MA 02188		PC	Hunger prevention	1,000.
UNCF Attn: Denise Scott Direct Response Programs 1805 7th Street NW Washington, DC 20001		PC	College scholarships to disadvantaged students	4,000.
Total from continuation sheets				33,000.

Form 990-PF Dividends and Interest from Securities Statement 1

Source	Gross Amount	Capital Gains Dividends	(a) Revenue Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income
Interest and Dividends	16,973.	0.	16,973.	16,973.	
To Part I, line 4	16,973.	0.	16,973.	16,973.	

Form 990-PF Accounting Fees Statement 2

Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes
Accounting Fees	2,975.	0.		2,975.
To Form 990-PF, Pg 1, ln 16b	2,975.	0.		2,975.

Form 990-PF Other Professional Fees Statement 3

Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes
Investment Management Fees	7,916.	7,916.		0.
To Form 990-PF, Pg 1, ln 16c	7,916.	7,916.		0.

Form 990-PF Taxes Statement 4

Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes
Federal Taxes	679.	0.		0.
Foreign Taxes	343.	343.		0.
To Form 990-PF, Pg 1, ln 18	1,022.	343.		0.

Form 990-PF U.S. and State/City Government Obligations Statement 5

Description	U.S. Gov't	Other Gov't	Book Value	Fair Market Value
60000 Shs US Treasury Note		X	58,622.	58,107.
Total U.S. Government Obligations				
Total State and Municipal Government Obligations			58,622.	58,107.
Total to Form 990-PF, Part II, line 10a			58,622.	58,107.

Form 990-PF

Corporate Stock

Statement 6

Description	Book Value	Fair Market Value
125 Shs Abbott Laboratories	5,444.	13,724.
60 Shs Abbvie Inc	1,510.	9,697.
40 Shs Accenture Plc F	1,529.	10,674.
300 Shs Adyen N V F	5,380.	4,140.
80 Shs Allegion Public Ltd F	4,833.	8,421.
100 Shs Amazon.com Inc	4,769.	8,400.
70 Shs American Water Works	8,294.	10,669.
100 Shs Apple Inc	1,222.	12,993.
15 Shs Asml Holding N V F	5,600.	8,196.
150 Shs Astrazeneca Plc F	6,303.	10,170.
150 Shs Baker Hughes Co.	3,640.	4,430.
35 Shs Broadridge Finl Solu	3,547.	4,695.
100 Shs Catalent Inc	4,375.	4,501.
100 Shs Church & Dwight Co Inc I	6,889.	8,061.
65 Shs Conocophillips	8,753.	7,670.
40 Shs Constellation Brand	6,900.	9,270.
60 Shs First Republic Bank	3,839.	7,313.
25 Shs Goldman Sachs Group	8,442.	8,585.
40 Shs Home Depot Inc	7,176.	12,634.
20 Shs Intuitive Surgical	2,779.	5,307.
40 Shs Iqvia Holdings Inc	6,981.	8,196.
100 Shs Jpmorgan Chase & Co	10,361.	13,410.
40 Shs Linde Plc F	8,273.	13,047.
80 Shs Lonza Group Ag F	2,707.	3,900.
45 Shs L3Harris Technologies In	9,255.	9,369.
60 Shs Marsh & Mc Lennan Co	4,970.	9,929.
50 Shs Microsoft Corp	5,351.	11,991.
70 Shs Nike Inc	1,471.	8,191.
50 Shs Nxp Semiconductors F	4,558.	7,902.
50 Shs Pepsico Inc	3,232.	9,033.
10 Shs Service Now Inc	3,872.	3,883.
30 Shs Sherwin Williams Co	3,886.	7,120.
120 Shs Taiwan Semiconductr F	4,761.	8,939.
150 Shs Totalenergies Se F	6,557.	9,312.
70 Shs Union Pacific Corp	6,278.	14,495.
30 Shs UnitedHealth Grp Inc	4,117.	15,905.
40 Shs Verisk Analytics Inc	8,591.	7,056.
75 Shs Visa Inc	13,221.	15,581.
60 Shs Waste Management Inc	5,977.	9,412.
Total to Form 990-PF, Part II, line 10b	215,643.	356,221.

Form 990-PF

Corporate Bonds

Statement 7

Description	Book Value	Fair Market Value
10000 Shs Bank America Co 4.375%	10,010.	8,500.
10000 Shs Bny Mellon Inves 3.75%	8,616.	8,050.
10000 Shs Bp Capital Mkts 4.875% F	10,738.	8,639.
10000 Shs Jpmorgan Chase & 3.65%	10,023.	8,438.
10000 Shs Pnc Finl Svcs Gro 3.4%	7,548.	7,925.
10000 Shs The Charles Schwab 4%	10,070.	8,675.
10000 Shs Virginia Electri 2.75% 23	9,833.	9,950.
10000 Shs The Rmr Group Ll 4.25% 24	10,169.	9,422.
10000 Shs Parker-Hannifin C 3.3% 24	10,439.	9,666.
10000 Shs Hewlett Packard E 4.9% 25	10,550.	9,889.
10000 Shs Schlumberger Holdin 4% 25	10,036.	9,697.
10000 Shs Goldman Sachs A 2.875% 26	10,073.	9,201.
10000 Shs Equinor Asa 3% 27F	9,798.	9,324.
10000 Shs Centene Corp 4.25% 27	10,610.	9,400.
10000 Shs Motorola Solution 4.6% 29	9,900.	9,517.
10000 Shs Nov Inc. 3.6% 29	10,129.	8,774.
10000 Shs Quanta Services, 2.9% 30	10,105.	8,230.
Total to Form 990-PF, Part II, line 10c	168,647.	153,297.

Form 990-PF

Other Investments

Statement 8

Description	Valuation Method	Book Value	Fair Market Value
600 Shs Ishares Gold ETF	COST	14,892.	20,754.
200 Shs Janus Henderson AAA Clo	COST	10,094.	9,852.
2260.0540 Shs Pioneer ILS Interval	COST	19,340.	18,329.
1991.5250 Shs Blackrock Event Driven E	COST	20,000.	19,258.
736.7390 Shs Jpmorgan Hedged Equity I	COST	15,025.	18,102.
424.8920 Shs Thornburg Developing Wor	COST	10,000.	8,613.
60 Shs Alexandria Real Est	COST	9,597.	8,740.
65 Shs Crown Castle Inc	COST	8,973.	8,817.
Total to Form 990-PF, Part II, line 13		107,921.	112,465.

Name and Address	Title and Avrg Hrs/Wk	Compen- sation	Employee Ben Plan Contrib	Expense Account
Suzanne B. Sands 710 Highview Terrace Lake Forrest, IL 60062	President 1.00	0.	0.	0.
Johanna M. Barmore 34 Emerson Street Newton, MA 02458	Vice President 1.00	0.	0.	0.
Gregory T. Barmore 93 Governors Point Road Harpwell, ME 04079-4339	Treasurer 1.00	0.	0.	0.
Corinne B. Bailey 60 Old Field Road Yarmouth, ME 04096	Secretary 1.00	0.	0.	0.
Donna B. Barmore 93 Governors Point Road Harpwell, ME 04079-4339	Director 1.00	0.	0.	0.
Totals included on 990-PF, Page 6, Part VII		0.	0.	0.